Poster #: 2006



Understanding The Unmet Needs In Diagnosis And Treatment Of Chronic Lymphocytic Leukemia In Korea

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BACKGROUND

- Chronic lymphocytic leukemia (CLL) and small lymphocytic leukemia (SLL) are the most common leukemias in Western countries but show significant geographic differences in incidence.
- While CLL/SLL has an age-standardized incidence rate of 4.75 to 5.4 per 100,000 people in Western and Latin American countries, East Asia reports much lower rates.
- Interestingly, East Asia has seen the greatest changes in incidence, with countries like Korea showing a 4.17% annual percentage change (APC) from 1999 to 2010.
- The reasons for these differences remain unclear, raising questions about whether CLL/SLL in East Asians has **distinct characteristics**.
- Meanwhile, treatment paradigms for CLL/SLL have evolved, with chemo-immunotherapy previously used for younger patients but now replaced by targeted therapies like ibrutinib and venetoclax, which have significantly improved outcomes.
- However, challenges such as adverse effects, high costs, and resistance to treatment remain. Fixed-duration therapies
 and next-generation BTK inhibitors offer promising solutions to these issues.
- Despite these advancements, CLL/SLL remains incurable, and the rising prevalence of the disease, particularly in Korea, will continue to strain healthcare resources.
- This study aims to provide valuable epidemiological data to support future healthcare planning and treatment approaches for CLL/SLL.

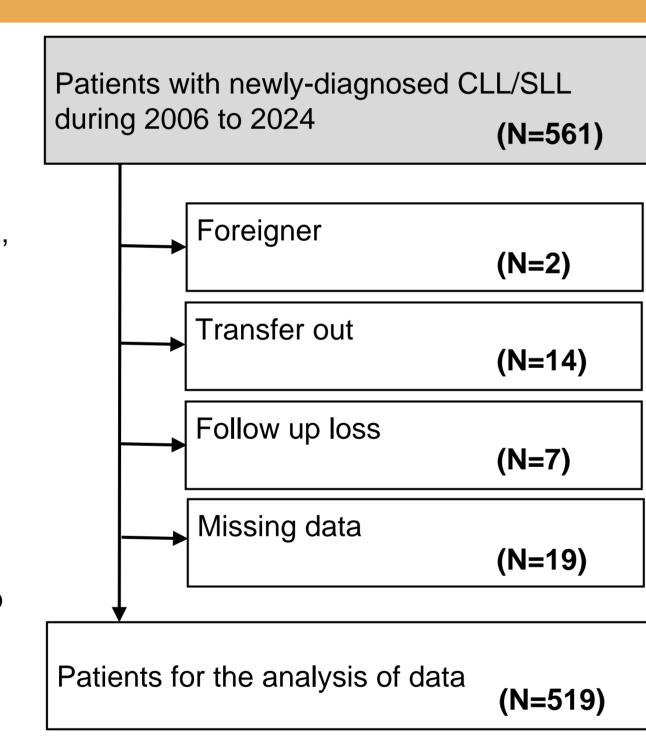
METHODS

Patients

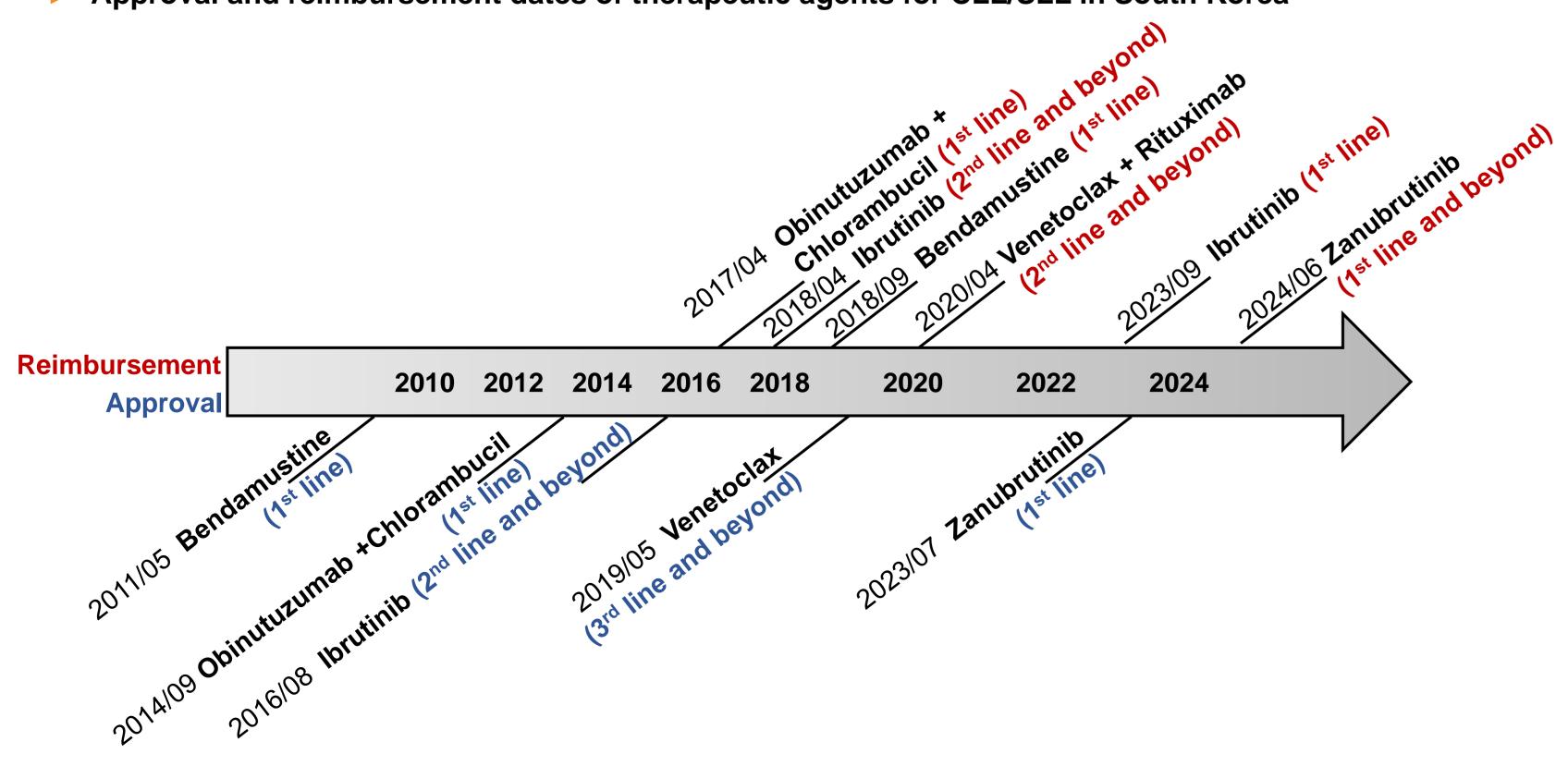
- Multicenter retrospective observational study involving three major institutions in Korea: Seoul National University Hospital, Catholic Medical Center, and Korea University Guro Hospital.
- Eligible patients were aged ≥18 years and diagnosed with CLL/SLL, as defined by the 2008 International Workshop on Chronic Lymphocytic Leukemia guidelines.

Treatment and definitions

Treatment regimens were classified as follows: immunochemotherapy (including FCR and obinutuzumabchlorambucil), chemotherapy (which is consisted of only traditional cytotoxic chemotherapy drugs, such as chlorambucil or fludarabine), therapies including BTK inhibitors (such as ibrutinib and zanubrutinib) and therapies including anti-apoptotic protein BCL-2 inhibitor (Venetoclax).



Approval and reimbursement dates of therapeutic agents for CLL/SLL in South Korea



RESULTS

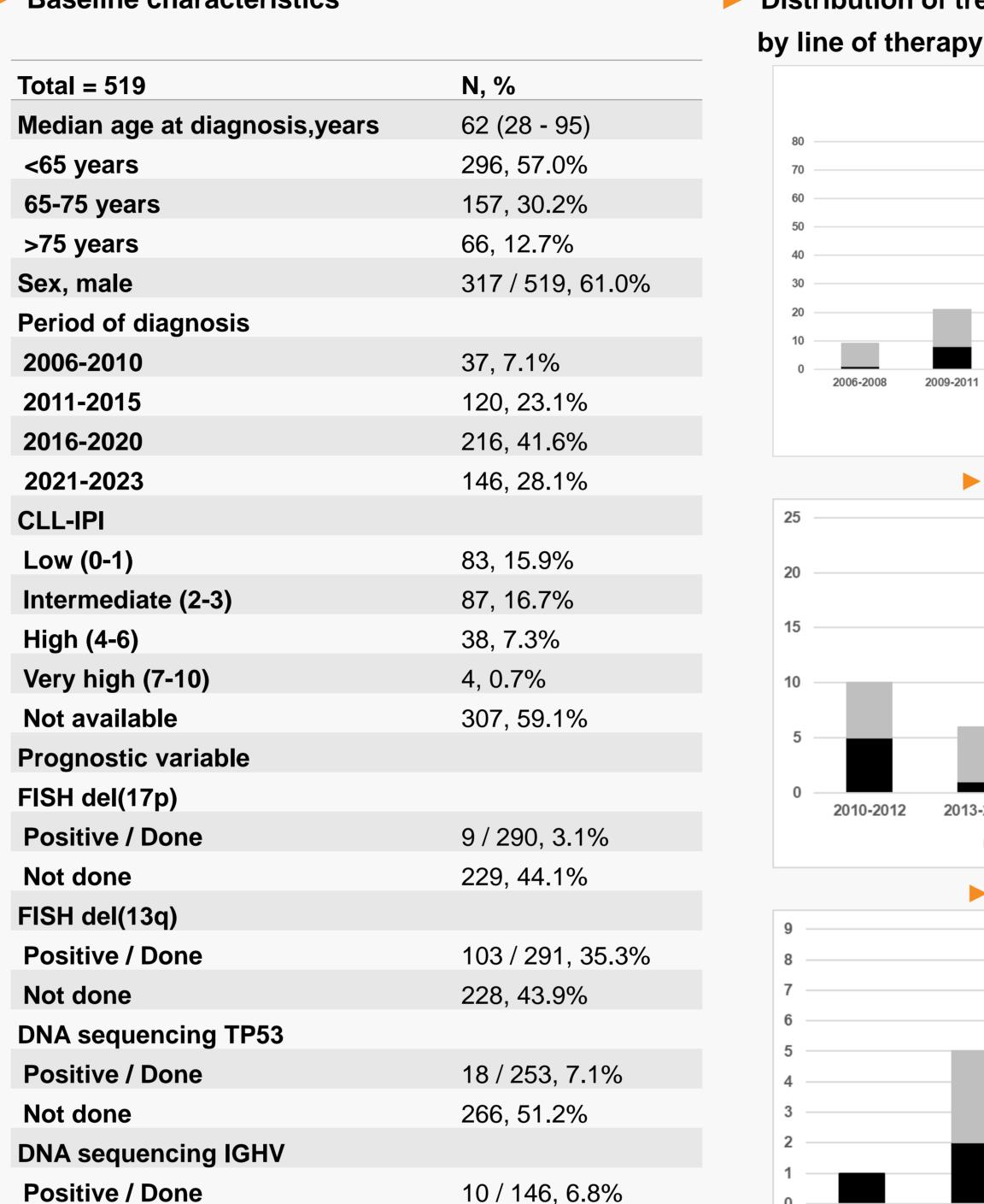
Baseline characteristics

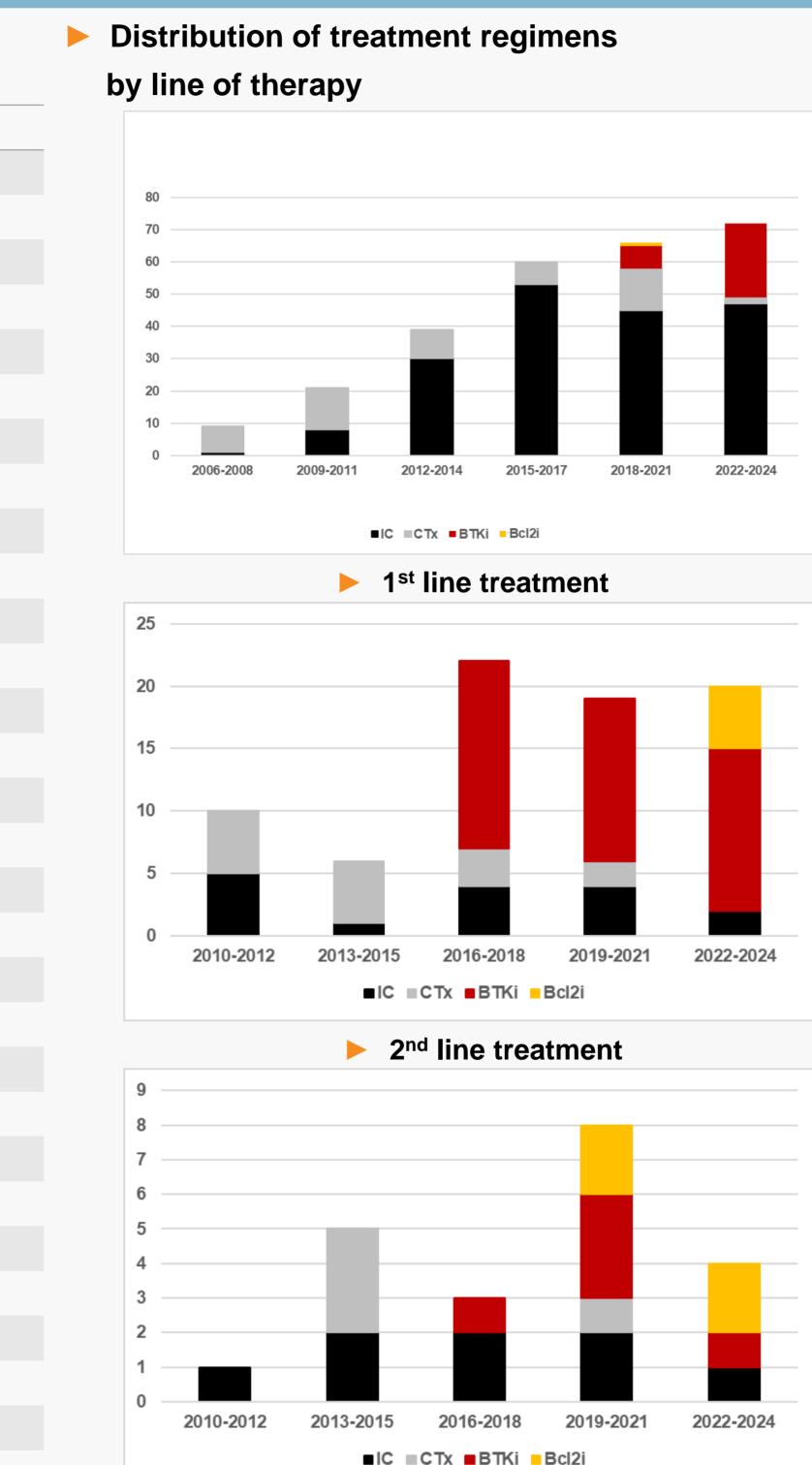
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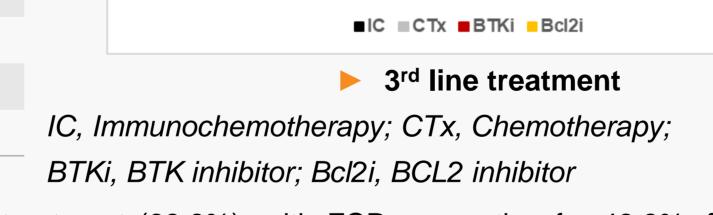
Karyotype

CK / Done

Not done







- **Immunochemotherapy** was the most common first-line treatment (68.9%), with FCR accounting for 48.3%, followed by chemotherapy alone (19.4%) and BTK inhibitors (11.2%).
- Since ibrutinib's approval in 2016, its first-line use has grown, and it became the most frequently used second-line regimen (53.2%), followed by immunochemotherapy (20.7%) and chemotherapy (19.4%).
- In the third-line setting, immunochemotherapy (38.0%), BTK inhibitors (23.8%), and BCL2 inhibitor-based regimens (19.0%) were used.
- These patterns reflect Korea's approval and reimbursement timeline for CLL/SLL therapies.

373, 71.8%

221, 42.5%

34 / 298, 11.4%

SUMMARIES & CONCLUSIONS

- A total of **519 patients** with newly diagnosed CLL/SLL were included in this analysis. The median age at diagnosis was **62 years** (range, 28–95 years). **48.5**% of patients did **not receive any CLL/SLL-directed therapy** during the observation period, whereas **36.6**% received one line of therapy, **10.7**% received two lines, and **4.0**% received three or more lines
- Since ibrutinib's approval in 2016, the use of **BTK inhibitors** has rapidly increased, while immuno-chemotherapy remains common in first- and third-line settings.
- Patients **treated with BTK inhibitors** showed **better survival outcomes** than those receiving immunochemotherapy, with higher 36-month OS (96.0% vs. 92.0%) and PFS rates (91.8% vs. 80.1%). Prognosis worsened with higher CLL-IPI risk scores, and TP53 mutations were associated with particularly poor outcomes.
- Compared to real-world cohorts from the other countries, Korean population demonstrated at least a comparable, and often higher, prevalence of adverse prognostic markers (e.g., Unmutated IGHV), yet access to BTK inhibitors was disproportionately limited. Only 11.2% of patients received a BTK inhibitor as first-line therapy.
- **Targeted NGS** in a patient subset (n=85) showed mutation frequencies largely consistent with prior domestic studies. Kaplan–Meier analysis of recurrently mutated or well-characterized genes demonstrated survival trends consistent with prior reports, although statistical significance was not reached, likely due to the small cohort size.
- This largest Korean cohort to date provides the most comprehensive real-world picture of CLL/SLL care, laying the groundwork for optimized strategies and policy guidance.

